WM.B. CASHIN SR. ACTIVITY CENTER APRIL 2007

MONDAY	TUESDAY 3	WEDNESDAY	THURSDAY	FRIDAY	NOTES
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9:00 Plastic Canvas/Social Time	9:30 Adv. Line Dancing	Transportation Day	10:00 Beg. Line Dancers	9:00 Plastic Canvas/Social Time	ST. JOSEPH'S COMMUNITY SERVICES
10:00 Computer Class	1:00 Cribbage	8:30 Yoga	12:15 Bridge	10:00 Computer Classes	MEALS ON WHEELS COORDINATOR
12:15 Bridge	1:00 Pocketbook Therapy	9:00 Plastic Canvas/Social Time	12:30 TOC	12:45 Michigan Rummy	IRENE SANDERS Tel. 668-0254
12:45 Whist & Michigan Rummy	1:00 Bingo	9:30 Duplicate Bridge	12:45 Bid Whist	12:45 Bid Whist	
1:00 Ceramics* and Twist		10:30 Mental Health Treatment Study	1:00 PocketBook Therapy*	1:00 Ceramics	
1:00 Computer Class		1:00 Bingo	1:00 Scrabble	1:00 Computer Class	
1:00 Surviving & Thriving w/Sr. Rose		1:00 Twist		3:30 Senior Fitness**	
3:30 Senior Fitness**		1:00 Scrabble for Beginners			
		2:00 Surprise Treat			
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9:00 Plastic Canvas/Social Time	9:30 Adv. Line Dancing	8:00 Commissioners Meeting	10:00 Beg. Line Dancers	9:00 Plastic Canvas/Social Time	NOTES
10:00 Computer Class	1:00 Cribbage	8:30 Yoga	12:15 Bridge	10:00 Computer Classes	
12:15 Bridge	1-4 PocketBook Therapy*	9:30 Duplicate Bridge	12:30 TOC	12:45 Michigan Rummy	DATE TO REMEMBER
12:45 Whist & Michigan Rummy	1:00 Bingo	10:30 Mental Health Treatment Study	12:45 Bid Whist	12:45 Bid Whist	SUNDAY APRIL 15TH, 2007
1:00 Ceramics* and Twist		11:00 Spring Fling Dinner & Dance	1:00 PocketBook Therapy*	1:00 Ceramics	SENIOR WALK FUNDRAISER
1:00 Computer Class		1:00 Bingo & Twist	1:00 Scrabble	1:00 Computer Class	HELD AT LIVINGSTON / GATSAS PARK
1:00 NH Assoc. of the Blind		1:00 Scrabble for Beginners		3:30 Senior Fitness**	REGISTRATION BEGINS AT 10:30
3:30 Senior Fitness**		Gatlin Brothers Day Trip	1		WALK BEGINS AT 12 NOON
		Meet at Bedford Mall			
		at 6:45 AM			
10	6 17	18	19	20	
9:00 Plastic Canvas/Social Time	9:30 Adv. Line Dancing	Transportation Day	9:00 West High Alumni	9:00 Plastic Canvas/Social Time	
10:00 Computer Class	1:00 Cribbage	8:30 Yoga	10:00 Beg. Line Dancers	10:00 Computer Classes	
12:15 Bridge	1-4 PocketBook Therapy*	9:00 Plastic Canvas/Social Time	12:15 Bridge	12:45 Michigan Rummy	
12:45 Whist & Michigan Rummy	1:00 Bingo	9:30 Duplicate Bridge	12:30 TOC	12:45 Bid Whist	
1:00 Ceramics* and Twist	3.	10:30 Mental Health Treatment Study	12:45 Bid Whist	1:00 Ceramics	
1:00 Computer Class		1:00 Bingo	1:00 PocketBook Therapy*	1:00 Computer Class	
3:30 Senior Fitness**		1:00 Twist	1:00 Scrabble	3:30 Senior Fitness**	
3.30 Genior Fitness		1:00 Scrabble for Beginners	3:00 MRACOA	3.30 Defilor Fittless	
		2:00 Surprise Treat	3.00 WINACOA		
		2.00 Surprise Treat			
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9:00 Plastic Canvas/Social Time	9:30 Adv. Line Dancing	8:30 Yoga	9:00 Foot Clinic*	9:00 Plastic Canvas/Social Time	
10:00 Computer Class	1:00 Cribbage	9:00 Plastic Canvas/Social Time	10:00 Beg. Line Dancers	10:00 Computer Classes	
12:15 Bridge	1-4 PocketBook Therapy*	9:30 Duplicate Bridge	12:15 Bridge	12:45 Michigan Rummy	
12:45 Whist & Michigan Rummy	1:00 Bingo	10:30 Mental Health Treatment Study	12:30 TOC	12:45 Bid Whist	
1:00 Ceramics* and Twist		1:00 Bingo	12:45 Bid Whist	1:00 Ceramics	
1:00 Computer Class		1:00 Twist	1:00 PocketBook Therapy*	1:00 Computer Class	
3:30 Senior Fitness**		1:00 Scrabble for Beginners	1:00 Scrabble	3:30 Senior Fitness**	
			3:00 Volunteer Appreciation Event		
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9:00 Plastic Canvas/Social Time					
10:00 Computer Class					
12:15 Bridge					
12:45 Whist and Michigan Rummy					
1:00 Ceramics* and Twist					
1:00 Computer Class					
3:30 Senior Fitness**					
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